OPALINE Workshop
Understanding the early development of food preferences and eating behaviour in children
October 18th-19th, 2012
Centre des Sciences du Goût et de l’Alimentation
Dijon, France

Organization: Sophie Nicklaus & the Opaline steering committee (S. Issanchou, P. Schlich, S. Monnery-Patris, C. Lange, C. Laval) with the help of Vitagora®.

The aim of this workshop is to exchange views, ideas and data about the development of food preferences and eating behaviour in children. This will be the opportunity to present results from the OPALINE study which was conducted in Dijon, and to cross views with results from other research works.

A special thanks to Opaline’s Partners
Thursday, October 18th, 2012

**WELCOME SESSION**
Sophie Nicklaus (INRA, Dijon), Coordinator of OPALINE

**SESSION 1: Experiential and environmental factors of early eating behaviour**

*Part 1. Maternal diet during pregnancy and lactation*
- Marie-Aline Charles (INSERM, Villejuif): Maternal weight variations before and during pregnancy: relationships with antenatal and postnatal infant growth
- Blandine de Lauzon-Guillain (INSERM, Villejuif): Early feeding practices and fruit and vegetable intake in toddlers
- Vincent Boggio (Université de Bourgogne-CHU le Bocage, Dijon): Breast feeding and complementary feeding: historical perspective

**BREAK**

**SESSION 2: Role of chemosensory reactivity in orientating eating behaviour**
- Benoist Schaal (CNRS, Dijon): How mothers manage flavour experience to acquaint their offspring with the present and future food environment
- Camille Schwartz (Institut Paul Bocuse, Lyon): Taste acceptance: evolution in the 1st year and influence on food acceptance
- Sandra Wagner (INRA, Dijon): Olfactory reactivity: influence on food acceptance

**BREAK**

**SESSION 3: Parent-child interaction: role of educative practices**
- Jackie Blissett (University of Birmingham, UK): How might parent shape their children’s eating behaviour?
- Sandrine Monnery-Patris (INRA, Dijon): Difficult-to-feed children: is it linked to parental practices?
- Séverine Gojard (INRA, Ivry/Seine): Feeding a child: underlying role of social influences
- Marion M. Hetherington (University of Leeds, UK): “La diversification alimentaire”: the importance of “pleasure” and “taste education” during weaning of infants in France
- Carmel Bennett (University of Birmingham, UK): Novel food introductions in toddlers – What works?

**LUNCH BREAK: BUFFET & POSTER VISIT**

**SESSION 4: Early determinants of children’s food preferences and eating behaviour**
- Luc Marlier (CNRS, Université de Strasbourg): What does the premature infant tell us about the development of eating behaviour?
- Sophie Nicklaus (INRA, Dijon): Modeling the early determinants of food preferences in the OPALINE cohort
- Sylvie Issanchou (INRA, Dijon): Insight on the HabEat project (Determining factors and critical periods in food Habit formation and breaking in Early childhood: a multidisciplinary approach)

**CONCLUDING REMARKS** from the OPALINE funders